## The effects of abortion.

## Physical effects.

- Sterility
- Miscarriages
- Ectopic pregnancies
- Stillbirths
- Menstrual disturbances
- Bleeding
- Infections
- Shock
- Coma
- Perforated uterus
- Peritonitus
- Passing blood clots
- Fever/cold sweats
- Intense pain
- Loss of other organs

"My doctor didn't tell me about the possible profuse bleeding and infection that lasted for weeks. And he never said anything about the possibility of the hysterectomy I had to have eight months later.'

- Crying/sighing
- Insomnia
- Loss of appetite
- Weight loss
- Exhaustion
- Constant swallowing
- Nervousness
- Decreased work capacity
- Vomiting
- Gastro-intestinal disturbances
- Frigidity

## Psychological effects.

- Guilt
- Suicidal impulses
- Sense of loss
- Unfulfillment
- Mourning
- Regret and remorse
- Withdrawal
- Loss of confidence in decision making capability
- Lower self esteem
- Preoccupation with death
- Hostility
- Self destructive behavior
- Anger/rage
- Despair
- Helplessness
- Desire to remember death date
- Preoccupation with "would be" due date or birth month

"No one ever told me I would live with this decision for the rest of my life. It's been several years, but my grief continues.

- Intent interest in babies
- Thwarted maternal instincts
- Hatred for anyone connected with abortion
- Desire to end relationship with partner
- Loss of interest in sex
- Inability to forgive self
- Feeling of dehumanization
- **Nightmares**
- Seizures/tremors
- Frustration
- Feelings of being exploited
- Child abuse

Are you experiencing the effects of a previous abortion? We can help! Call us at Gateway Pregnancy Center: Completely Confidential

Strictly CONFIDENTIAL

## **GATEWAY PREGNANCY CENTERS**

Irvington, NJ 07111 (Near the Irvington Bus Terminal)

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